



Dorset-WI NEWS

Dorset Federation of Women's Institutes

DFWI ANNUAL MEETING—THURSDAY 21 OCTOBER 2021

At The Lighthouse Theatre, Poole

Join us at our Annual Meeting—Tickets **£12.00**

Our speakers are

Amanda Owen (The Yorkshire Shepherdess) life for Amanda is anything but dull. In her latest book, *Adventures Of The Yorkshire Shepherdess*, Amanda brings readers up to date with life on the farm at Ravenseat.



Dr Annie Gray historian and author, specialises in the history of food and dining from c1600 to present day. Her book, *Victory in the kitchen*, tells the story of Georgina Landemere who worked for the Churchills between 1940 and 1954.

Coaches will be available for WI members leaving from Bridport, Weymouth and Dorchester (Coach Fare will be **£12.00 pp**).

We shall also have a **Parade of WI Banners** during the meeting, so for any WIs who do not have a banner you have time to make one, it's a wonderful visual link to each WI.



JUMP ON THE BUS AND COME AND JOIN US

RAMBLING—CANOEING—CROQUET

Dorset FWI Summer Holiday Monday 2 August 2021

Contact Details

Dorset Federation of Women's Institutes

Write to:

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18 Crown Street West,
Poundbury, DT1 3DW.

Telephone: 01305 266366

Federation Secretary Email:
federationsecretary@dorsetwi.org

General enquiries Email:
reception@dorsetwi.org

Office Hours

Monday & Friday: Office CLOSED
Tuesday: 10am-1pm; 2-4pm.
Wednesday: 10am-1pm; 2-4pm.
Thursday: 10am-1pm.

Federation Chair

Jenny Preston

Federation Secretary

Diane Towndrow

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Please send your cheque made payable to DFWI Ltd with your order.

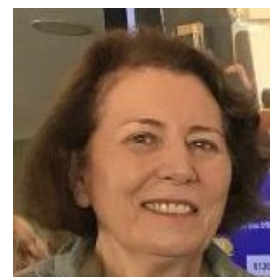
FROM OUR CLIMATE AMBASSADOR

ALL CHANGE!

The rules have changed again, so I expect have your plans for reopening your Wis. My own WI – Westbourne near Bournemouth – are hoping to at least arrange a get together! How are you all intending to restart your WIs? It won't be easy I'm sure! All the members of the Dorset Federation Board have been extremely impressed by your ingenuity and resilience. Members across Dorset are grateful to committees who have continued to be in touch. Maybe you could help them by suggesting ideas for getting together or staying in touch whilst lockdown is still in place?

Maybe you could build some climate change related activities into your programmes! I will see if I can devise a quiz for you to use.

Carol Brown (Climate Ambassador)



DFWI CAROL FESTIVALS 2021



Come and join us at our carol festivals at **Wimborne Minster on Friday 3 December**, and **Sherborne Abbey on Monday 6 December**.

The cost for the programme is £3.00 and they will be available from the Federation Secretary email: federationsecretary@dorsetwi.org

OFFICE NEWS

County Quiz Final

Finally a date for our Quiz Final—**Friday 8 October** at Moreton Hall 6.30 for 7.00 pm start. Closing date for final entries is **31 July 2021**.

2022 WI DIARY

The 2021 WI Diary now available to order. It will be **green** in colour and will retain all the features members have come to rely on over the years. The diary will be full of factual information that is crucial for new and existing members alike. It will be completely recyclable, with the exception of the ribbon. The WI Diary will cost **£5.50**. Full details from Federation Secretary email: federationsecretary@dorsetwi.org.

CHOIR for Carol Festivals: would you like to join the choir to sign at Wimborne Minster (Friday 3 December) or Sherborne Abbey (Monday 6 December) or both? Full details from Federation Secretary email: federationsecretary@dorsetwi.org.

Diane Towndrow

EDITOR'S NOTE:

Please send in news by post to The Editor, Dorset WI News, DFWI, 18 Crown Street West, Poundbury DT1 3DW, or by Email to me at: newseditor@dorsetwi.org Do, please, look through your photographs for pictures of events for the news. You may send them by post to DFWI as above with a correctly-stamped SAE if you want them returned, or by Email attachment (as "jpgs") to the Email address above. *Please make sure you include your name, WI and details of where the scene/event is and the month it was taken.*

CLIMATE CHANGE IN ACTION

Wasting water? I'm sure that WI ladies wouldn't do that knowingly, but I was surprised by the following information! 46% of people think that they use under 20 liters per person per day - in fact a family of four will get through up to 500 liters each day! 34% of our water use is our bath or shower! Just switching from bathing to a quick shower will make a big difference.

Here's some more suggestions as to how you and your families can help prevent a drastic water shortage in the very near future:

Reuse paddling pool water on the garden, don't wash your car so often or use buckets – amazingly you could save 220 liters of water by just not being quite so car proud! Wash the dog - and why not the kids too - when its hot outside instead of in the bath then empty the water on the garden. Or use the hose, the kids would love that, dogs probably not so much! Encourage them to turn off the tap when brushing their teeth – running the tap wastes 6 litres a minute!

We will all be drinking lots of water especially in the hot weather so we should have a jug of water in the fridge to save running the tap every time we want a drink (note to self – do this!) Drinking lots means plenty of trips to the loo! Make sure you use the short flush to

save water.

I think that children will be fascinated by this information and – let's face it we need to encourage them to save their world. I will be spending time with my granddaughter next week and I will definitely be sharing these tips with her.

Although her Mummy was head of Sky's Rainforest Rescue Campaign so she probably already knows most of it!

I would love to hear any tips or ideas you have on reducing waste of any kind my email is: carb2home@gmail.com



Carol Brown (Climate Ambassador)

FROM OUR FEDERATION CHAIRMAN JENNY PRESTON

I hope that many of you took advantage of the opportunity to attend the first virtual Annual Meeting. I must say that it was an excellent first for our National Board of Trustees and the slight hiccup of the internet outage (global and not the fault of the WI!) only added to the entertainment. In true WI fashion we 'kept calm and carried on' The speakers were well worth listening to and I could have listened to Baroness Hale for much longer. The expert who spoke about the resolution was most informative – all in all a great success with a much reduced cost and no travel. I will let you in to a secret that I dressed smartly for the occasion as I didn't want to let the Federation down - and then realised that as it was streamed no-one could see me!

The Annual Meeting for 2022 will be held on Saturday 11 June in Liverpool. I do hope that you will think seriously about being a delegate if it's your WI's turn to provide one or maybe attending as an observer, do watch out for information as our observer tickets are limited.

As I write we have just heard from Boris Johnson that 'freedom day' has been postponed for another four weeks (or two if we're lucky) so let's hope that we really are coming to the end of restrictions.

It seems that many more WIs are meeting up in person, we have lots of reports of garden meetings and many Annual Meetings are taking place either outside or via Zoom. Our advisers are still available by phone or email if you have any problems or queries. Treasurers, please send in your subscriptions as soon as you can.

The Events Committee are moving forward with their plans and details of the canoe trip, which is quickly filling up, and golf croquet to name just two are available in all the usual places.

Enjoy the summer and let's hope for a return to something resembling normal in September.

My very best wishes

Jenny

**The NFWI Annual Meeting for 2022 will be held on
Saturday 11 June in Liverpool.**

Catch up with the **NFWI 2021** Virtual Annual Meeting which is now available on WI YouTube.

MEMBERSHIP & SUPPORT COMMITTEE

Chairman: *Yvonne Marsh.*

Vice Chairs: *Lyn Coleman & Jan Watson*

MEMBERSHIP & SUPPORT COMMITTEE

THE WI IS OPEN FOR BUSINESS AND WI ADVISERS ARE WFH

As our out-going National Chair, Lynne Stubbings, remarked at the recent NFWI Annual Meeting "The WI is open for business". WI Advisers are working from home (WFH to keep up with the new jargon).

Part of the Adviser role is to offer training and, pre-Covid 19, we thought nothing of setting up a training session in a village hall and enjoyed meeting numerous members face to face. However, at the start of the pandemic it seemed as if WI Advisers were furloughed for what I initially thought would be a few weeks before a return to the office, but how wrong could I have been. However, it wasn't long before WFH became our "new normal". Just as WIs have had to adapt in order to survive and thrive, we too have had to do that.

We know that many WIs have had Committee member changes over the past year. New challenges in running WIs have certainly arisen and there have been many documents to get our heads around.

So how can we help you? WI Advisers will always try to answer the questions you have for us and if we don't know the answer ourselves, we usually know a woman who does. Please don't hesitate to pick up the phone or email us. If you need to check who your Adviser is then please email federationsecretary@dorsetwi.org or call the DFWI Office on 01305 266366.

We can help you access My WI on the NFWI website and direct you to the appropriate section. "Running Your WI" has a wealth of information and good ideas. You can also access training such as the Treasurer's Training. You don't have to do it all in one sitting, but at your own pace.

We can set up a Zoom even if it is a one to one. I have twice arranged a Treasurer to Treasurer Zoom with screen sharing in order to show how the electronic accounts book is used. It all becomes so much clearer when you can see the document and have somebody on hand to answer your questions.

Need help with Office 365 or Zoom? We can direct any enquiries to the Comms Team and they are always willing to help. To be honest, I don't know what we would do without them.

How you can help us? WI Advisers will be having their annual planning meeting in August so we would be interested to know the training events that you would like us to put on for your WI. We are open to suggestions for topics and would be interested to know if you would be more likely to come along if it was face to face or via Zoom.

Please let me know and I will pass on your ideas at the meeting. You can email me - wiadviser5@dorsetwi.org.uk or text/phone me on 07836 687457.

Until things change, I will continue to WFH in the hope that WI Advisers will not be such remote workers in the months to come.

Lyn Coleman, WI Adviser

DFWI Ramble at Weymouth

On a glorious Tuesday in June a Dorset Federation County ramble was enjoyed by members from across the county.

We walked from Riviera Hotel Bowleaze Coveaway to the harbour and back clocking up an impressive six miles.

After the walk three ladies had a paddle and one had a swim!



The Events Committee

Chairman: Margaret Bunch

Vice Chair Jo Skinner

LAST CHANCE TO BOOK

**MONDAY 2 AUGUST 2021 TO
THURSDAY 5 AUGUST**

DFWI SUMMER HOLIDAY
to
INTERNATIONAL
GILBERT AND SULLIVAN
FESTIVAL
at BUXTON
in the Peak District
2nd August 2021 for
4 days



£370 (There is an additional single supplement of £60.00)

**Please phone the Federation Secretary at the office if
you wish to book. (01305 266366)**

Price includes: 3 nights stay at The Palace Hotel with
Dinner and Breakfast - Visits to Leamington Spa and
Bakewell - Entrance Tickets to Chatsworth House - Tickets in
the Stalls for the Opera -
2 Course Lunch on our journey home.

Full itinerary can be obtained from County Office.

Non-refundable deposit of £50.00 payable when booking
(unless cancelled by DFWI)

Open to all WI members, friends, husbands and partners,

LAST CHANCE TO BOOK

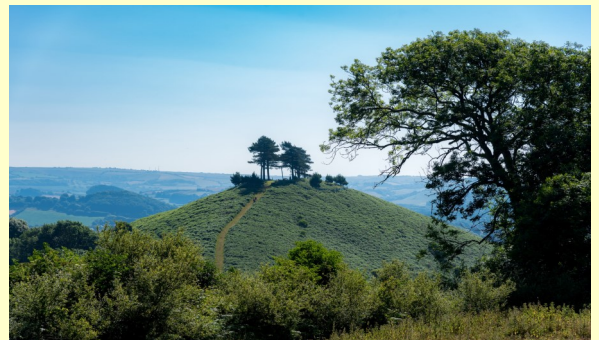
DFWI Ramble at Symondsburry

Dorset Federation Events on **Wednesday 13
July** are leading a Ramble at Symondsburry,
near Bridport.

The aim is to climb Colmars Hill and enjoy the
views from the top, so not a long ramble but a
steep climb.

Meet in the car park at Symondsburry Manor
Farm, which is free, at 10.30. We will be in the
open air and socially distanced following
government guidelines. You may wish to bring a
picnic with you, but there is a café at Manor
Farm.

If you are coming could you please email Isabell
(newseditor@dorsetwi.org) so that she can
make up a Track and Trace list.



Slimbridge Wetland Centre—November 17.



It is a spectacular time of year to visit. The first of the migratory birds arrive, and the reserve is transformed into an impressive patchwork of rich textures and dazzling colour displays, as leaves turn amber, fruits and berries emerge from the hedgerows and fairy tale fungus sprout underfoot. Comfortable hides, situated throughout all the reserve, ensure visitors can protect themselves from the elements without missing out on amazing seasonal scenes.

We would like to know if members are interested. The cost would be **£30.00pp** if we can get 40 people for the coach. We will arrive in time for a wander round and then go to the hides to see the evening spectacular of the birds coming in to feed and roost for the night.

Please contact the Federation Secretary email federationsecretary@dorsetwi.org if you are interested and more details about the centre can be found at <https://www.wwt.org.uk/wetland-centres/slimbridge>.



Golf Croquet at Winterborne Stickland

Come and join us for a fun filled day at Winterborne Stickland, home of the Winterborne Valley Croquet Club. There will be **two** competitions, **beginners** and one for **more competent** players. A practice will be held on **MONDAY 23 AUGUST** (5.00 pm) with the competitions on **SUNDAY 29 AUGUST** starting at 9.30—10.00 am. Bring your own packed lunch and drinks for the day, plus seating. The cost of this will be **£10.00** per person.

Booking Form available from Federation Secretary—email: federationsecretary@dorsetwi.org

If you have any questions please contact Tess Burt at tessculeaze@aol.com.



Big Canoe Trip

Your Events Committee are organising a great canoe trip in the **Poole Harbour** area on **MONDAY 9 AUGUST** from **10am—1pm**.

There will be a maximum of twelve people in each canoe.

Casual, comfortable clothes and flat shoes are to be worn and **life jackets will be supplied**.

Bring a packed lunch if you fancy. This sounds like it will be good fun and adventurous.

The cost of this will be **£35.00** per person. **LAST 5 SPACES AVAILABLE CONTACT FEDERATION SECRETARY:- federationsecretary@dorsetwi.org**.

Please get in touch with **Jo Skinner** for further **instructions**, the postcode for the meeting place is BH20 5JH. Arrival time is 9.45 am. Jo's phone number is **07890 450 337** or email jo.bowleaze@gmail.com.

Jo Skinner



EVENTS IN THE PIPELINE:

Christmas Craft Workshop — Autumn 2021

Make your own Christmas Fabric Wreath— Saturday December 11 2021

The Magic of Christmas Floral Extravaganza— December 2021

Green Heart Zoom Session— January 2022

Afternoon Tea at Athelhampton House— Spring 2022

Talk by Paul Atterbury— Tuesday 22 February 2022

Chavenage House— 14 June 2022

Further details of these event will follow in due course.

All booking forms and details of events can be obtained from the Federation Secretary, email: federationsecretary@dorsetwi.org.

Events Committee New Members WANTED

Would you like to help plan the Events for the WI members in Dorset? As we hopefully come out of lockdown, the Events team are planning future Events for 2021/22 and we are looking for new members to join our enthusiastic Events Committee. We are a friendly bunch who enjoy planning a variety of Events for our members. If you are interested you are welcome to come as an observer to our monthly meeting which at the moment is held on Zoom. Please email Diane our Federation Secretary at federationsecretary@dorsetwi.org. We look forward to seeing you.

Margaret Bunch Events Chairman



DFWI Skittles, is your WI interested?

If you are please email Diane at County House, federationsecretary@dorsetwi.org.

If there are enough WIs showing interest, we will try to restart a League in the Autumn/Winter 2021.

Denman at Home — Course Review

To gain first-hand information on Denman at Home I signed up for two courses in May and I share with you, my experiences.

Restful Sleep with Elaine

This was a free course as part of wellbeing week and attracted a large audience. It started by examining the reason why 7-9 hours of good sleep was needed to ensure we recharged our energy for life's activities, cleared our mind and reduced stress levels to give improved mental health.

Elaine took us through the environment for sleep, quiet uncluttered room, gadget free including TV, laptops and smart phones, so as not to be tempted to use them, light from screens wakens the mind. Also needed was a comfortable bed, appropriate bedding to maintain body temperature and a darkened room. She then went on to discuss lifestyle routines such as undertaking a relaxing activity, reading a book, listening to music, meditation etc. before bedtime. Food and drink regimes were next explored, do not eat a large meal close to bedtime, limit alcohol, but could have a small nightcap, limit liquids in the evening to avoid those middle of the night trips to the bathroom. Day time activities also help, sunlight exposure, 30 minutes exercises a day and including cherries, seeds and rice in your diet. Finally, how to deal with worries such as worrying about getting to sleep, relax and it will come. If you wake and do not fall back asleep, get up go to another room undertake a relaxing activity and then return to bed. Write down your worries before retiring to the bedroom, look at the list in the morning when they will not seem so important. Also write a to do list for the following day so that you are not trying to remember the list in your head and again return to it in the morning.

Did it work? Well, I have managed a few extra hours sleep and I have also read a few more books.

A Ramble Around the Solar System with Martin Lunn

Martin is an experienced course lecturer and he gave an illustrated talk starting with the Sun and then working outwards through the planets to the star systems that surround our galaxy. The course updated my rather basic knowledge of this topic, last studied while in Primary School and intermittently updated by news items from time to time.

Photographs that had been taken by various space missions over the years were used as we travelled through the solar system. These illustrated each planet, Martin giving a history of their exploration, structure and environment. He put into perspective the distances in the galaxy by giving the time for light to travel to earth, 4.2 years for the outer dwarf planets on the edge of the galaxy. Finally, he explained asteroids, comets and meteorites, appropriate as I had heard a meteorite as it passed over Dorset during the last lockdown.

I now have an update knowledge of sun spots, planet surfaces, different markings, craters, canals, lines not waterways, temperatures from millions of degrees to minus thousands of degrees, red spots, white spots, moons, rings of dust or ice and planets with hostile acid atmospheres. I am able to place where space exploration has been and what has been found and when future exploration is reported on earth, I will have a better insight into what I am seeing.

If you have taken part in a Denman at Home course and would like to share your experience with other members in Dorset, please send your review to the editor. There is a very wide range of subjects, I have only looked at two, share your choices and maybe tempt others to enjoy an interest or explore a new one.

Below are a few July courses, look on the Denman website where you will find many more. Booking is very straightforward and the confirmation email gives the one click link to use at the time of the course.



Art on London's Streets



iPhone photography 4 Part Course



Patchwork for beginners



Family History – Focus on Graves and burial records

WI NEWS FROM AROUND DORSET

CHIDEOCK WI

Celebrates 102 Years



Chideock WI celebrates its 102nd Birthday.

After weeks of wet, cold and unsettled weather when it was thought that gazebos would provide protection from the elements rather than the sun, we were blessed with a wonderful day for a garden party welcoming back 26 of our members to celebrate our 102nd birthday.

Members were truly delighted at being able to meet with one another again

Lynne Hartmann

ROARING BACK TO COURT

Child Okeford WI Walking Netball group are finally getting back onto court after 15 months

However, it was very important to mark the return to play with a 'Relaunch Party' where members came together at The Saxon Inn, Child Okeford, to catch up, in style, over several bottles of fizz and a magnificent cake baked by Emma, the landlady.



So, all the risks assessment are complete, netballs are pumped up, bibs are washed, the first aid kit refreshed and the sanitiser kits prepared as they return to their lovely indoor facilities at Sturfit, the Sturminster Newton Leisure Centre for their regular Wednesday evening sessions: 5 - 6pm.

During lockdown several members took part in the weekly WI Walking Netball Zoom sessions which helped with fitness, netball skills as well as giving them an opportunity to laugh and share lockdown stories.

Our two Walking Netball Hosts - Gaynor and Liz - took part in various working groups and training sessions as well as contributing to a Walking Netball research project at Loughborough University.

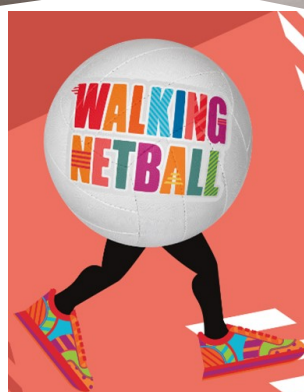
The communication, range of lockdown activities, support and materials provided by England Netball, in partnership with NFWI has been tremendous.

'We have taken gentle, considered steps to get back to playing indoors. We have made sure that everything is now in place to keep our members safe and we can't wait to have a 'giggle and wiggle' again'.

Gaynor Waring: Child Okeford WI Walking Netball Host

If you are a member of a North Dorset WI and would like to have a go at Walking Netball then do contact our secretary Liz Thomson by email at ChildOkefordWI@dorsetWI.org.

In Purbeck West Lulworth have commenced playing Walking Netball again with the help of an England Netball coach and recently became the proud owners of 'hoops'. They also invited members from Wool WI to join them, so there is a fair number of players all having a *giggle and a wiggle* together on a Friday afternoon at West Lulworth village hall.



**WITH THE EASING OF THE LOCKDOWN REGULATIONS
WIS ARE MAKING THE MOST OF THE GOOD WEATHER.**



Tea parties with Stalbridge WI



Child Okeford WI's outdoor meeting



Garden meeting picnic with Wool WI



Blandford Evening get together



At the first face to face meeting of 2021, Child Okeford President presented a congratulatory membership certificate to Linda, their longest serving member



Wool WI ramble at the Fleet

Is your WI meeting or taking part in any DFWE events we would love to see and publish your pictures. Send them to newseditor@dorsetwi.org and we will try and publish them in the space available

CHRISTCHURCH CENTRAL WI**March - June 2021**

Although Christchurch Central WI have been unable to have the usual monthly meetings the committee have been able to arrange some events and these have enabled some semblance of normality. With glorious weather adding to the day a 'June Boost' was held on Wednesday 9 June. This was a bring-your-own picnic (and seat) and was held in beautiful meadows overlooking the River Stour. Following on from this success a walk was held to raise money for ACWW on Friday 18 June. Unfortunately, the weather gods were not smiling on us for this as the heavens opened so a quick detour was made to The Boathouse on Christchurch Quay where we were given a friendly welcome and warmed up with hot drinks of choice and were able to have a good natter. The fundraising walk will be rescheduled and of course it will give us all another chance to meet up. July will see



another Zoom quiz. The slight pause to the relaxing of the Covid regulations means our July members meeting will not be held so fingers tightly crossed for August.

Carole Gannicott



ARE YOU INTERESTED?

EXPO 2022
FLORIADIE
 AMSTERDAM - ALMERE, NL

LET US KNOW

Dorset Federation Events Committee are proposing a short holiday to Floriade 2022 on 1st September 2022 for 5 days. **Before we go ahead and plan this trip we are asking you for notes of interest.**

Once every 10 years Floriade is the park to enjoy the scent and colour of flowers, plants, vegetables and fruit. The Expo offers 40 inspiring country presentations, a spectacular greenhouse complex, a cable car over the Floriade park, pavilions with sustainable innovations and a vibrant arts and culture programme.

More details can be found on the Floriade website <https://floriade.com/en/about-floriade/>

The cost of this holiday is around £600 and includes 4 nights stay at Carlton President Hotel, DBB, Entrance to Floriade including cable car, Canal cruise on Amsterdam canals and Entrance and seat at the Zundert Flower Parade.

If you are interested can you please contact our Federation Secretary, email: federationsecretary@dorsetwi.org.



ACWW

Associated Country Women of the World

ACWW Report

On ACWW day, 29 April 2021, Magdie de kock, World President, and Tish Collins, CEO, hosted The Great ACWW Quiz. I joined in and had a fascinating afternoon learning about some pioneering and incredible women who have done some amazing things over the years. I would like to thank Magdie for hosting and Tish for compiling the questions. Here are the first two sections for you to have a go at.

If you wish to see the whole quiz it is available on Facebook the link is

<https://www.facebook.com/133340763410423/videos/1175714882905502>

- 1) When was ACWW founded?
- 2) How many specified committees does ACWW have?
- 3) How many areas does ACWW divide the World into?
- 4) How many categories of the ACWW membership are there?
- 5) Who was the World president before Ruth Shanks?
- 6) What is the name of the ACWWs Membership only group on Facebook?
- 7) Who composed the theme used for the anthem "The song of Peace"?
- 8) Where is Madge Watt House?
- 9) What year was the U.N. Formed?
- 10) What year did ACWW first gain consultative status with the U.N. agency?
- 11) When was the convention on the Elimination of all forms of Discrimination against women signed?
- 12) What does SDG stand for?
- 13) How many SDG are there?
- 14) When was the UN Decade of Family Farming Launched?
- 15) What do the letters CSW stand for?

Esme Isaacs

Answers for this part of the quiz can be found below.

Quiz Answers

- 1) 1929.
- 2) 6
- 3) 9
- 4) 6
- 5) May Kidd JP
- 6) ACWWs Kitchen table
- 7) Jean Sibelius
- 8) Where ever Central Office is Based currently A04 Parkhill 40 Martell Road London
- 9) 1945
- 10) 1947
- 11) 1979
- 12) Sustainable Development Goals
- 13) 17
- 14) 2019
- 15) Commission on the Status of Women