



Dorset-WI NEWS

Dorset Federation of Women's Institutes

Store Cupboard Recipes



Makes of the month



Nutrition



Crafts to Keep Busy



Crafts Beautiful projects



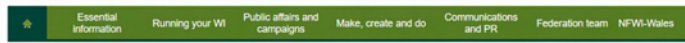
Walking Netball



Visit the National Garden Scheme



WHEN YOU LOG INTO MY WI IT SUDDENLY BECOMES YOUR WI



Welcome back

My WI, the place to find everything you need to get the most from your WI membership.

Menu of the month

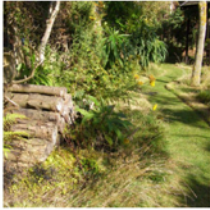


The easiest way to be creative is to try something different even if you don't think it will work

Stories from the shed



Garden Wildlife



'Give it a Grow' with Garden Organic



Learn to relax



How do I...?



Recipe library



MYWI is the Members Only area of the NFWI website.

It has a wealth of information to help you run your WI plus many areas of interest and many resources.

All that is needed is to have an email address on the MCS database which your MCS rep should be able to check and add if necessary.

Then

Visit the nfwl website - <https://www.thewi.org.uk/>

Click on My WI at the top of the page

Click on register and follow the instructions.

Start discovering MYWI.

RAMBLING—CANOEING—CROQUET

Dorset FWI Summer Holiday Monday 2 August 2021

Contact Details

Dorset Federation of Women's Institutes

Write to:

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18 Crown Street West,
Poundbury, DT1 3DW.

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federationsecretary@dorsetwi.org

General enquiries Email:
reception@dorsetwi.org

Office Hours

Monday & Friday: Office CLOSED
Tuesday: 10am-1pm; 2-4pm.
Wednesday: 10am-1pm; 2-4pm.
Thursday: 10am-1pm.

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Jenny Preston

Federation Secretary

Diane Towndrow

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Please send your cheque made payable to DFWI Ltd with your order.

FROM ONE OF OUR FEDERATION TRUSTEES

Just when you think that you are content to continue enjoying your membership in your WI another opportunity arises that enhances your experience. This happened to me during lockdown when a member of another WI, knowing I was interested in the speaker's topic, invited me to join their Zoom meeting. I was warmly welcomed and thoroughly enjoyed the experience. On emailing my thanks I was pleased to be asked if I would like to attend further meetings. I readily accepted and joined with them, brightening the lockdown for me. From this experience, when subscription time came, I decided to join their WI as a dual member. This membership has opened up a new range of activities and experience and given me a lovely group of ladies to get to know and enjoy their company. I cannot wait to meet up in person, when this is possible, to connect with them further. This dual membership does not take away anything of the enjoyment of the WI I have belonged to for many years. I am very involved as a member of the committee and continue to have the friendship of fellow members as well as having a good time taking part in the many activities they arrange. Being a dual member has enhanced my life, every WI is unique and in dual membership I am benefitting from this.



Marilyn Holehouse

OFFICE NEWS

County Quiz Final

Finally a date for our Quiz Final—
Friday 8 October at Moreton Hall
6.30 for 7.00 pm start.

2022 WI DIARY

The 2021 WI Diary now available to order. It will be **green** in colour and will retain all the features members have come to rely on over the years. The diary will be full of factual information that is crucial for new and existing members alike. It will be completely recyclable, with the exception of the ribbon. The WI Diary will cost **£5.50**. Full details from Federation Secretary email:
federationsecretary@dorsetwi.org.

Diane Towndrow

Events Committee

New Members WANTED

Would you like to help plan the Events for the WI members in Dorset? As we hopefully come out of lockdown, the Events team are planning future Events for 2021/22 and we are looking for new members to join our enthusiastic Events Committee. We are a friendly bunch who enjoy planning a variety of Events for our members. If you are interested you are welcome to come as an observer to our monthly meeting which at the moment is held on Zoom. Please email Diane our Federation Secretary at federationsecretary@dorsetwi.org. We look forward to seeing you.

Margaret Bunch Events Chairman

EDITOR'S NOTE:

Please send in news by post to The Editor, Dorset WI News, DFWI, 18 Crown Street West, Poundbury DT1 3DW, or by Email to me at: newseditor@dorsetwi.org Do, please, look through your photographs for pictures of events for the news. You may send them by post to DFWI as above with a correctly-stamped SAE if you want them returned, or by Email attachment (as "jpgs") to the Email address above. *Please make sure you include your name, WI and details of where the scene/event is and the month it was taken.*

CLIMATE CHANGE: WE CAN MAKE A REAL DIFFERENCE!

FOOD WASTE

One of the major factors in helping reduce the impact on Climate Change is cutting down on food waste. I was surprised to learn that this is such a major factor until I read the details of plastic packaging, pollution caused by transporting food and then of course the waste. Oh what can we do?



We can decide not to buy anything that is wrapped or boxed in plastic (I shall miss my soft fruits!) that also means that we won't be buying out of season items that have been flown in from abroad.

Then we do things our Mums taught us like planning meals so that we don't waste food. Hopefully our sons and daughters will have learned from us and have taught their children but no harm in us encouraging them to think before they cook! We could probably be better at taking notice of sell by and use by labels too: **Sell By** being for guidance and **Use By** being the date to definitely use it. And storage is important to ensure the food is fit to eat.

I Know All This I hear you say but does the next generation that we are trying desperately to save our planet for? There's no harm in checking. Lockdown has brought about a cooking frenzy! A survey showed that 37% of people are increasingly making random dishes from things they have forgotten all about! How many of you have created weird and wonderful dishes from the food at the back of your cupboards? Share your ideas on DFWI Facebook.

AMBASSADORS ZOOM IN!!

Over 100 Climate Ambassadors from across the country met online for the first time in a meeting

Chaired by Ann Jones NFWI Chair of Public Affairs, Lyn Stubbings Chair of NFWI was also present. Emma Holland-Lindsay Head of Public Affairs made an excellent and detailed presentation on the activities in the year so far. NFWI are working with the **Climate Change Just Transition** initiative: a global project which aims to develop ways of working more effectively and in line with combatting Climate Change. Currently in the early stages this project is being launched in Yorkshire. This is certainly something to watch for!

Public Affairs are also continuing to work closely with Friends of the Earth on Plastic Soup. Emma was horrified to learn that the PPE plastic protection was being incinerated and not able to be reused. A Fixing Fast Fashion Toolkit is being developed – more on that later. Parliament has been approached regarding a Bill to ensure that domestic boilers are safe and not emitting gas into the atmosphere.

PLANET PURBECK

Several WIs based in the Purbecks area are already involved in the project to promote the Purbecks and Climate Change. Please send an email to me if you are involved: carb2home@gmail.com. I am too! Hall space is needed so that we can set up stalls, so if you rent a hall for your meetings please let me have details.

2020 was supposed to be a Climate Change super year with an international conference planned in Glasgow, 196 countries planned to attend – cancelled of course! However we can continue the good work on the ground! More meetings are planned potentially in geographic areas, which would be great because it would enable us to link up on projects and extend our reach.



Stay Safe Everyone!

Carol Brown (Climate Ambassador)

FROM OUR FEDERATION CHAIRMAN JENNY PRESTON

Getting back together for face to face meetings seems to be getting ever closer. I know that many of you have continued to meet via Zoom and in small groups outdoors but the day is approaching when we can meet 'properly' and even indoors if the Roadmap continues as planned.

Once we can meet indoors we must remember to respect social distancing if those guidelines are still in place and I would suggest that Presidents make a gentle reminder at the beginning of meetings at least in the first instance. I know just how difficult distancing will be when there will be many WI friends we have not seen for many months. However, by following the guidelines and respecting the rules we have come a long way – let's not put ourselves and others at risk now. Of course with the Indian strain of the virus hitting our shores we don't know right now what impact it will have but let's hope that it does not upset our plans.

Plans are going ahead for our Annual Meeting and Diane and I have met with the manager of the Lighthouse to discuss our needs and concerns for the day. So far, so good, so I hope you are making plans to dust down your banners for the parade.

Please continue to look in all the usual places for information from the Events Committee and details of the Meet and Chat sessions which the Advisers aka the Membership and Support Committee are running.

We are knocking on the door of a return to normality albeit in a slightly different form. Fingers crossed that nothing will get in the way.

My very best wishes.

Jenny

MEMBERSHIP & SUPPORT COMMITTEE

Chairman: *Yvonne Marsh.*

Vice Chairs: *Lyn Coleman & Jan Watson*

COMING SOON TO A WI NEAR YOU - MEETING UP IN PERSON!

Captain Sir Tom Moore often said “ tomorrow will be a better day “ and I am pleased to say that I think lots of our tomorrows will be better days as restrictions ease and we can look forward to meeting up again in person.

Zoom has its purpose, and I, like many, have appreciated the contact, but what a feeling of joy I have in that meeting in person will soon be back on the agenda. Mentioning agendas, I hope that a very important item will be on all WI agendas in the coming months and that item is having fun. Fun and friendship are embedded in the WI, and I am looking forward to seeing my WI friends again. Cake has also been on my mind as the thought of tea and cake, chatting, renewing friendships and exchanging news is what I want from my first “face to face” WI meeting. There will be rules, guidelines and protocols to follow, but I have no doubt that WI members will seamlessly organize things safely. The WI is renowned for its ability to get on with things and make things happen. You only have to read about the “can do” spirit and response of WIs that made huge amounts of PPE when it was most needed. They just got on with it and I couldn't be more proud to be a member of an organization that quietly rose to the challenge.

As we get together again, this may be a good time to encourage friends and neighbours to come along to WI. It's been a quiet year and maybe it's time to make some noise again. There has been quite a number of enquiries to the Federation Office about becoming a member and it seems that many women are looking to the WI for that all important fun and friendship.

I have my own “get back to real meetings” list to tick off, as do my fellow advisers, and the list includes re-acquainting myself with members and, hopefully, a slice of a Victoria sandwich and a piece of lemon drizzle cake.

The WI is what you make it and I really believe that those better days are not far off.



Lyn Coleman

THIS YEAR'S RESOLUTION:

A CALL TO INCREASE AWARENESS OF THE SUBTLE SIGNS OF OVARIAN CANCER.

Now's the time for WIs to vote!

As I am sure you know, the National Federation Annual Meeting takes place virtually on **Tuesday June 8.**

Some of you may have booked on this as observers, and some of you are, in fact, delegates. This year, voting for or against the resolution is, of course, different. But hopefully you, through your WIs you can still make your wishes known.

Your WI will have been allocated a delegate and her name and email will be advised to your WI Secretary. All WIs get one vote, either for or against, but it is much more difficult to do this when we are not all meeting yet.

The deadline for WIs to cast their votes is **5 July**, so your WI will need to contact your delegate **before then** so that she has all her WIs votes to hand. Each WI now needs to work out how they will find out their members' wishes. If you would like to know more about the resolution, there will be a presentation at the Annual Meeting, and there is also plenty of information on MyWI. Here are some of the ways you might be able to

let your WI Secretary know which way you would like to vote -

During a zoom meeting, if you have them. You can use a voting tool, or a simple 'hands up' would do. Secretaries will need to note who does not attend these and contact them some other way.

Are you planning to have an out-door event in June? A good time to get the vote done!

Your Secretary might be happy to receive a call, text or E mail with your selection.

Whichever way your WI committee decides to do it I am sure you will hear fairly soon.

When I was a delegate who attended the meeting, the best thing was going to my link WIs to tell them about the meeting and what happened! There are some really good speakers at this year's meeting so hopefully, you will get some feedback too.

The Events Committee

Chairman: Margaret Bunch

Vice Chair Jo Skinner

FEW SPACES LEFT

DFWI SUMMER HOLIDAY
to
INTERNATIONAL
GILBERT AND SULLIVAN
FESTIVAL
at BUXTON
in the Peak District
2nd August 2021 for
4 days



FEW SPACES LEFT

MONDAY 2 AUGUST 2021 TO THURSDAY 5 AUGUST

£370 (There is an additional single supplement of £60.00)

Trip Highlights: Tickets For the Opera - Visit to Leamington Spa - A Full Day Exploring Historic Buxton - A Full Day excursion to Chatsworth House - Visit to the town of Bakewell - 2 Course Lunch on the journey home.

(BUXTON HOLIDAY – Please note the Opera is now the Mikado on Wednesday 4 August with a visit to Chatsworth on Tuesday 3 August. **Please phone the Federation Secretary at the office if you wish to book.)**

Price includes: 3 nights stay at The Palace Hotel with Dinner and Breakfast - Visits to Leamington Spa and Bakewell - Entrance Tickets to Chatsworth House - Tickets in the Stalls for the Opera - 2 Course Lunch on our journey home.

Full itinerary can be obtained from County Office.

Non-refundable deposit of £50.00 payable when booking (unless cancelled by DFWI)

Remainder of monies is due **by Friday 25 June.**

Open to all WI members, friends, husbands and partners,

Booking Form available from Federation Secretary—email: federationsecretary@dorsetwi.org

SLIMBRIDGE WETLAND CENTRE

The Events Committee are planning a trip to Slimbridge Wetland Centre on **November 17** and would like to know if people would be interested. If you are can you please contact the Federation Secretary, more details about the centre can be found at <https://www.wwt.org.uk/wetland-centres/slimbridge/#>.



Slimbridge Wetland Centre

Discover a safe haven of wide open spaces bursting with wetland nature. Fill your lungs with fresh air, stretch your legs and get ready to explore our extraordinary wetland paradise, whatever the weather!

Summer Fun with DFWI

Big Canoe Trip

Your Events Committee are organising a great canoe trip in the **Poole Harbour** area on **MONDAY 9 AUGUST** from **10am—1pm**. We may go towards **Brownsea Island** or **Arne** depending on wind direction on the day. There will be a maximum of twelve people in each canoe. Casual, comfortable clothes and flat shoes are to be worn and **life jackets will be supplied**. Meeting place is yet to be confirmed. Bring a packed lunch if you fancy. This sounds like it will be good fun and adventurous.

The cost of this will be **£35.00** per person. A booking form can be downloaded from DFWI website or from the Federation Secretary. **To register interest and make payment on or by 31 May email federationsecretary@dorsetwi.org. Spaces may be available after this date please phone the office if you are interested.**

More information will be available nearer the date however and if you have any questions in the meantime I am happy to be contacted Tel 07890 450 337 or email jo.bowleaze@gmail.com.



Jo Skinner

DFWI RAMBLE AT BOWLEAZE COVE

On **TUESDAY 15 JUNE** Dorset Federation Events are leading a **ramble at Bowleaze Cove**.

Meet at the entrance to the Riviera Hotel 10.30 am. On street parking is available nearby. We will be in the open air and will follow current government guidelines.

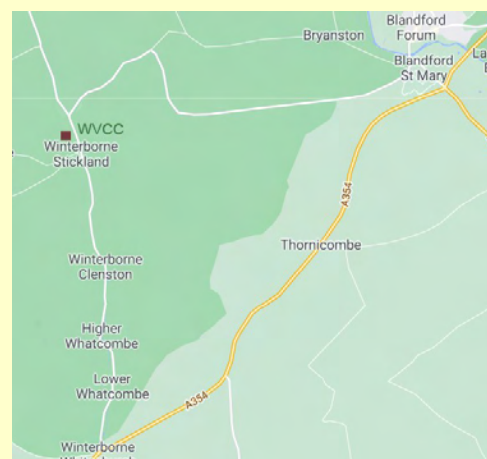
If you are coming could you please contact Jo Skinner (email: jo.bowleaze@gmail.com) so that she may make up a Track and Trace list.



Come and join us for a fun filled day at Winterborne Stickland, home of the Winterborne Valley Croquet Club. There will be **two** competitions, **beginners** and one for **more competent** players. A practice will be held on **MONDAY 23 AUGUST** (5.00 pm) with the competitions on **SUNDAY 29 AUGUST** starting at 9.30—10.00 am. Bring your own packed lunch and drinks for the day, plus seating. The cost of this will be **£10.00** per person.

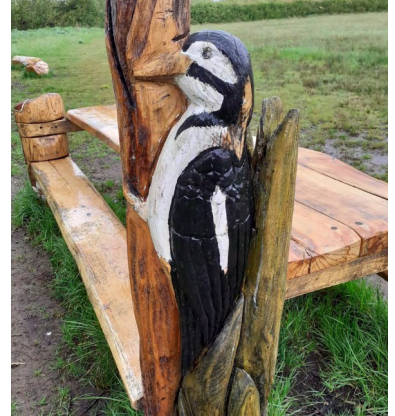
Booking Form available from Federation Secretary—email: federationsecretary@dorsetwi.org

If you have any questions please contact Tess Burt at tessculeaze@aol.com.



Duncliffe Woods Ramble

An enjoyable if a bit damp walk with the DFWI Events Ramble at Duncliffe Woods, near Shaftsbury. Six of us walked round the woods, bluebells were lovely as was the toasted teacake and coffee afterwards at Udders Farm Shop and Café. Lovely to meet and chat with other WI ladies.



We are taking small steps to get back to starting DFWI Skittles, is your WI interested?

If you are please email Diane at County House, federationsecretary@dorsetwi.org.

If there are enough WIs showing interest, we will try to restart a League in the Autumn/Winter 2021.

Look out for

Afternoon Tea at Athelhampton House—Summer 2021

Christmas Craft Workshop-Autumn 2021

The Magic of Christmas Floral Extravaganza—December 2021

Green Heart Zoom Session—January 2022

Talk by Paul Atterbury —Tuesday 22 February 2022

Chavenage House—8 June 2022

All booking forms and details of events can be obtained from the Federation Secretary, email: federationsecretary@dorsetwi.org.

Denman Update

On the 4 May NFWI informed members that the Charity Commission published on the 4 May a Scheme which will amend the objects of the charity Denman College to set up the Denman Trust and allow the sale of the Denman Estate to go ahead. This opened a one-month consultation period which will end on the 4 June. The document is on the Charity commission website www.charitycommission.gov.uk Schemes and Orders, reference C-001876, should you wish to comment before the closing date.

Marilyn Holehouse

Confessions of a Denman on-line nerd!

There have been lots of ups and downs over the past year, and I reckon that for many of us the loss of Denman was one. How I loved going there and learning things I had never thought about learning before – particularly stained glass and cheese making! I was quite a long time coming to Denman on-line... don't know why; just thought it wouldn't be the same as *being there*, and of course it isn't, but when I finally clicked on to find a course and scrolled down a huge list of upcoming talks, demonstrations and 'join-in' activities I really didn't know where to start! I like history but have always preferred something rather medieval and I certainly could have found something there (probably the talks about churches in various parts of the country) but hey get out of the comfort zone. I knew so very little about modern history that I opted for WW1 – an hour a week for 8 weeks. It was superb. Simon, the lecturer, was excellent - knowledgeable and personable and with excellent slides, he brought the subject to life. A lady called Jessica took me 'Further with my Family Tree' (she had started me off at Denman) and now putting two things together, I could really begin to imagine what my two Granddads experienced during WW1 and I found that quite a moving experience. I am a bit addicted to Simon – I have now journeyed through D Day, Mussolini, Hitler, and Franco with him and am looking forward to Stalin (see a pattern there?). I have also returned to calligraphy - my best bet in art class at school, although it never required the 'lean' and swirls and colours I am now beginning to achieve!

Denman on line is different but as a learning experience it can also be very rewarding, and at (mostly) a fiver a go, anything is worth a punt – and you never know what you might find out, so worth giving it a go I reckon. When I start getting towards the end of my latest batch of bookings, I start looking for the next ones. Who knows where it will take me. Well – 'Experience Daring Doings on Mount Olympus' for one - Greek mythology anyone?



By the way, I now know what a 'Rupert' was. Do you? Clue is D Day. Answer below!

They were 'dummies' parachuted over the Calais area to make the Germans think the invasion would be there. When they hit the ground, they explodeddouble whammy!

Jan Watson

DFWI ANNUAL MEETING—THURSDAY 21 OCTOBER 2021

At The Lighthouse Theatre, Poole

Come and join us at our Annual Meeting—Tickets **£12.00**

Our speakers are **Amanda Owen** (The Yorkshire Shepherdess) and **Dr Annie Grey**.

Coaches will be available for WI members leaving from Bridport, Weymouth and Dorchester (Coach Fare will be **£12.00 pp**). Look out for further details in the months ahead. We shall also have a **Parade of WI Banners** during the meeting, so for any WIs who do not have a banner you have time to make one, it's a wonderful visual link to each WI.



WI NEWS FROM AROUND DORSET

STOBOROUGH WI

Our Climate Change Journey

It's so easy to feel overwhelmed by the sheer enormity of information bombarding us about climate change, and yet it's such an important subject. At Stoborough WI we are thrilled that we have been able to get a new, local climate emergency group off the ground namely, **Sustainable Wareham**. The group aims to engage with the wider Wareham community, recruiting volunteers and supporters to help Wareham maintain its vibrancy for residents and tourists, and to help its business economy to operate sustainably. We are concentrating on five topics: Litter, Plastics, Ecotourism, Energy and Enhancing Nature, and actions have already begun. We are liaising with other groups, and indeed learning from each other. Where appropriate, we are joining existing initiatives, like litter picks, and investigating town centre recycling possibilities.

Within our WI, our successes so far may have been small in terms of the planet, but every little bit helps. Some things are not straightforward – using paper plates instead of plastic turned out not to be environmentally friendly as they're not recyclable, so we reverted to chinaware, metal cutlery and glasses, with grateful thanks to willing washers-up! We have collected unwanted bras, in whatever state, for the charity *Against Breast Cancer*, who receive £700 per tonne that goes towards UK breast cancer research, with the bras going via their textile recovery project to support small businesses in African countries. We have been able to persuade a local clothing shop to collect bras for us from the wider population, which means more money for research and hopefully increased footfall into the shop for the proprietor.

I represent our WI on the Purbeck Energy Group, and I am very keen to see how we can reduce our energy consumption. In this role, I have written to government ministers asking them to consider making solar panels on new builds compulsory, and to the NFU President to ask about increasing their involvement with renewable energy. The NFU responded positively, and already 30% of their members report they have some solar on farm buildings. And it's good to know that Ann Jones, NFWI's Vice Chair, sits on the advisory board of the Energy and Climate Intelligence Unit think-tank.

Let's think about the legacy we want to leave for future generations. What do we want people to be saying about our generation in 50 years' time? All the more reason for all of us to do what we can, no matter how small. Finally, I leave you with this thought: **ignorance is bliss, but it's not sustainable!**

Mary Morris, Climate Ambassador, Stoborough WI



CHIDEOCK WI



COLOURFUL 'POMPOM TREE' GIVES THANKS

A colourful installation in the car park in Chideock celebrates 102 years of Chideock WI and gives thanks to people and things that have helped WI members get through the last year of lockdowns and separation.

Chideock WI members have made pom-poms of all colours from wool, tulle, plastic supermarket bags and construction hazard warning tape and hung them on a framework of bamboos and branches. Also tied to the branches are tags with notes of thanks to people and things that have given support over the past year, including the local pub for takeaways, postal workers, the birds in the garden, the beauty of Dorset, the vaccination teams and many others.

Chideock WI is Alive and Kicking, encouraging new members and raring to go as soon as they are allowed to meet up again. They hope that everyone seeing their Tree of Thanks will stop for a moment to also give thanks and look towards an exciting future.

Lynne Hartmann

ARE YOU INTERESTED?

EXPO 2022 FLORIADÉ AMSTERDAM - ALMERE, NL

ARE YOU INTERESTED?

Dorset Federation Events Committee are proposing a short holiday to Floriade 2022 on 1st September 2022 for 5 days. **Before we go ahead and plan this trip we are asking you for notes of interest.**

Once every 10 years Floriade is the park to enjoy the scent and colour of flowers, plants, vegetables and fruit. The Expo offers 40 inspiring country presentations, a spectacular greenhouse complex, a cable car over the Floriade park, pavilions with sustainable innovations and a vibrant arts and culture programme.

More details can be found on the Floriade website <https://floriade.com/en/about-floriade/>

The cost of this holiday is around £600 and includes 4 nights stay at Carlton President Hotel, DBB, Entrance to Floriade including cable car, Canal cruise on Amsterdam canals and Entrance and seat at the Zundert Flower Parade.

The last time the DFWI went was in 2012 and below you can read a short recap of the trip with some photographs from our Federation Secretary.

If you are interested can you please contact our Federation Secretary, email: federationsecretary@dorsetwi.org.

A very memorable trip to Floriade 2012.



A coach trip had brought us to the site of Floriade and we were welcomed by a giant pair of wellies, a hint that there would be a lot of walking involved during our visit.

A cable car ride took us over the whole site and we were able to see many buildings with planted flower beds and amazing statues as we floated high in the air.



Our 'home from home' for the duration of our holiday was on 'Amsterdam', moored in Amsterdam harbour. Small and bijoux she might have been but my sister and I still have hysterics when we recall our shared cabin – only one of us could get dressed at a time – there really was no room to swing a cat but it was such fun.



I believe that Floriade 2022 will be an even more amazing experience and the holiday this time does include a visit to the Zundert Flower Parade, the biggest flower parade in the world. Guaranteed to see more Dahlias in one day than you will ever see in a lifetime, this will be a holiday to remember.



LET US KNOW



LET US KNOW